When to Seek Care
FOR COVID-19

To ensure the sickest people receive care, help minimize the spread of infection and maintain resources, please follow the guidelines below when considering whether to seek medical care.

Stay Home
If you are worried, but don’t have symptoms, please stay home.

Going to a doctor’s office or hospital adds to a higher concentration of people and further overwhems the medical staff.

Seek Advice
If you are ill, but would not have normally sought care, seek advice before going to the hospital.

Care Navigator: TulaneCareNav.com
CDC: CDC.gov
Louisiana Department of Health COVID-19 Hotline: (855) 523-2652

Seek Care
If you are experiencing severe COVID-19 symptoms, such as fever, cough and shortness of breath, call your doctor or go to the ER.